

# 1. Curricular Aspects

## 1.1 Courses offered with Intake Details

Currently, the Department of Psychology is running undergraduate (B. A. and B. Sc.), Postgraduate (M.A./MSc.) and Ph. D. courses in Psychology. The department has adopted Choice Based Credit System CBCS patterns for each programmes since 2017. The details of the various courses are given below:

Courses	Duration	Eligibility	Credits	Intake
<b>B.A. (with Psychology)</b>	3 years (six semesters)	10+2 or equivalent examination from a recognized Board/Institution	56	61 seats
<b>B.Sc. (with Psychology)</b>	3 years (six semesters)	10+2 or equivalent examination from a recognized Board/Institution in Science	44	26 seats
<b>M.A. (Psychology)</b>	2 years (four semesters)	Graduation in any Discipline	84	31 seats
<b>Ph.D.(Psychology)</b>	3-5 years with Course work of One Semester (Minimum and Maximum duration as per UGC Guidelines)	Post graduation with 55% marks in the concerned/relevant/allied subjects or its equivalent CGPA or equivalent Grade. <ul style="list-style-type: none"><li>• Admission through entrance test</li><li>• NET/JRF can apply directly</li></ul>	18	As per the availability

## 1.2 Scheme of Each Courses Offered

### B. A./B. Sc.

The undergraduate course in Psychology aims to facilitate fundamental conceptualization of human behavior and the importance of scientific methods of enquiry and studying this discipline. The course has been designed keeping in mind the Learning Outcome-Based Curriculum Framework (LOCF) of University Grants Commission (UGC), New Delhi. The courses at this level include discipline-specific core courses, discipline-specific elective courses, generic elective courses and skill-enhancing courses. The discipline specific core courses aims to impart basics of psychological theories and methods. The skill enhancement courses are designed to impart training in conducting psychological experiments and administering tests and questionnaires. The generic elective courses are designed in such a

way that provides how psychology is linked with other disciplines. In essence, the courses at undergraduate levels in Psychology provide a smooth progression from theory to practical with a soft interdisciplinary inclination as well as keeping in mind the increasing role of Psychology discipline in day-to-day life. These courses also prepare students for higher studies and career in Psychology. The courses at this level have been designed to keep pace with the inquisitive mind of the students.

**1. Duration of the programme (B.A./B.Sc.)**

(a) Minimum duration: **03 Years** (Six Semesters)

(b) Maximum duration: **As Per University Rules**

**2. Semester-wise structure of B.A. programme**

S. No.	Course Code	Title	Credits	
<b>Semester I</b>				
1.	PSY-CC-111	Introduction of Psychology	4	
2.	PSY-CC-112	Practical	2	
<b>Semester II</b>				
3.	PSY-CC-211	Foundation of Social Psychology	4	
4.	PSY-CC-212	Practical	2	
<b>Semester III</b>				
5.	PSY-CC-311	Foundations of Developmental Psychology	4	
6.	PSY-CC-312	Practical	2	
7.	PSY-SE-313	Introduction to Personality	2	
<b>Semester IV</b>				
8.	PSY-CC-411	Introduction to Psychological Inquiry	4	
9.	PSY-CC-412	Practical	2	
10.	PSY-SE-413	Counselling Skills	2	
<b>Semester V</b>				
11.	PSY-EC-511	Quantitative Data Analysis	4	
12.	PSY-EC-512	Practical	2	
13.	PSY-SE-513	Psychology and Mental Health	2	
14.	PSY-GE-514	Introduction to Indian Psychological Thought	4	
15.	PSY-GE-515	Human Resource Management	2	
<b>Semester VI</b>				
16.	PSY-EC-611	Fundamentals of Clinical Psychology	4	
17.	PSY-EC-612	Practical	2	
18.	PSY-SE-613	Foundations of Organizational Psychology	2	
19.	PSY-GE-614	Psychological Assessment	4	
20.	PSY-GE-615	Sports and Exercise Psychology	2	
<b>GRAND TOTAL</b>	Discipline Specific Core Courses (CC)	Theory	16	} 24
		Practical	08	
	Discipline Specific Elective Courses (EC)	Theory	08	} 12
		Practical	04	
	Generic Elective Courses (GE)	Theory	08	} 12
		Practical	04	
Skill Enhancement Courses (SE)	Theory	08	08	
<b>Total Credits</b>			<b>56</b>	

### 3. Semester-wise structure of B.Sc.programme

S. No.	Course Code	Title	Credit	
<b>Semester I</b>				
1.	PSY-CC-111	Introduction of Psychology	4	
2.	PSY-CC-112	Practical	2	
<b>Semester II</b>				
3.	PSY-CC-211	Foundation of Social Psychology	4	
4.	PSY-CC-212	Practical	2	
<b>Semester III</b>				
5.	PSY-CC-311	Foundations of Developmental Psychology	4	
6.	PSY-CC-312	Practical	2	
7.	PSY-SE-313	Introduction to Personality	2	
<b>Semester IV</b>				
8.	PSY-CC-411	Introduction to Psychological Inquiry	4	
9.	PSY-CC-412	Practical	2	
10.	PSY-SE-413	Counselling Skills	2	
<b>Semester V</b>				
11.	PSY-EC-511	Quantitative Data Analysis	4	
12.	PSY-EC-512	Practical	2	
13.	PSY-SE-513	Psychology and Mental Health	2	
<b>Semester VI</b>				
14.	PSY-EC-611	Fundamentals of Clinical Psychology	4	
15.	PSY-EC-612	Practical	2	
16.	PSY-SE-613	Foundations of Organizational Psychology	2	
	Discipline Specific Core Course (CC)	Theory	16	} 24
		Practical	08	
	Discipline Specific Elective (EC)	Theory	08	} 12
		Practical	04	
	Skill Enhancement Courses (SE)	Theory	08	08
<b>Grand Total</b>			<b>44</b>	

#### M. A./M. Sc. (Psychology)

The Department of Psychology is a crucial constituent of the School of Humanities & Social Sciences. Since its inception in 1959, it has continuously been a pioneer sheet of learning in Central India. The application of psychological principles to address human problems has acquired a new dimension with the evolving nature of the country's challenges and the World at large facing today. Given this, psychology's scientific discipline has emerged as a vital force in understanding multifaceted social reality. It has gained spectacular momentum in recent years with the expansion of the subject matter and methods of investigation. In this context, a postgraduate course aiming to inculcate knowledge and skills has become the need of the time. It demands a comprehensive curriculum for a theoretical and practical base to develop behavioral expertise. An attempt has been made to develop an effective curriculum by fine-blending theory and practice.

The principal domains of the discipline include applied social psychology, cognitive and affective psychological processes, clinical and health psychology; positive psychology; organizational behavior; assertiveness training and other life skills; personality development, psychological measurement, and testing. Besides, a focus on an understanding of

psychopathologies and research methods have been given due consideration. Such knowledge and skills, apart from gaining employment in University and colleges, the students are equipped with technologies, like survey, counseling, interview, evaluation, and intervention, etc., assisting them to fit for abundant career opportunities in government, corporate, health sectors and non-governmental organizations.

**Name of the Program** : M. A. / M. Sc. Psychology

**Duration of the programme**

a. Minimum duration : Four Semesters

b. Maximum duration : Six Semesters

**Structure of the programme**

a. Number of Core Courses : 15

b. Minimum number of Elective Courses to be opted : 04

c. Minimum number of Open Elective Courses to be opted: 02

Medium of syllabus : English

Medium of Instruction : English/Hindi

**Course Details**

**Core Courses (Theory)**

S. No.	Course Code	Course Title	Credits	Contact Hours
1.	PSY-CC-121	Advanced Social Psychology	4	50
2.	PSY-CC-122	Cognitive Psychology I	4	50
3.	PSY-CC-123	Foundations of Psychological Research	4	50
4.	PSY-CC-221	Applied Social Psychology	4	50
5.	PSY-CC-222	Cognitive Psychology II	4	50
6.	PSY-CC-223	Research Designs & Statistics	4	50
7.	PSY-CC-321	Neuropsychology	4	50
8.	PSY-CC-322	Psychopathology	4	50
9.	PSY-CC-323	Psychology of Personality	4	50
10.	PSY-CC-421	Psychology of Emotion	4	50
11.	PSY-CC-422	Psychological Measurement & Testing	4	50
12.	PSY-CC-423	Clinical Intervention	4	50

**Core Courses (Practical)**

S. No.	Course Code	Course Title	Credits	Contact Hours
1.	PSY-CC-124	Practical	4	50
2.	PSY-CC-224	Practical	4	50
3.	PSY-CC-324	Practical	4	50
4.	PSY-CC-424	Practical	4	50

**Elective Courses**

S. No.	Course Code	Course Title	Credits	Contact Hours
1.	PSY-EC-226	Fundamentals of Indian Psychology	4	50
2.	PSY-EC-325	Basic Organizational Processes	4	50
3.	PSY-EC-326	Community Psychology	4	50
4.	PSY-EC-327	Counseling Psychology	4	50
5.	PSY-EC-328	Psychodiagnostics	4	50

6.	PSY-EC-329	Military Psychology	4	50
7.	PSY-EC-330	Psychopharmacology	4	50
8.	PSY-EC-331	Psychology of Adolescence	4	50
9.	PSY-EC-332	Stress Management in organizations	4	50
10.	PSY-EC-333	Dissertation (Preparatory Stage)	4	50
11.	PSY-EC-425	Health Psychology	4	50
12.	PSY-EC-426	Child and Adolescent Psychopathology	4	50
13.	PSY-EC-427	Organizational Communication	4	50
14.	PSY-EC-428	Cross-Cultural Psychology	4	50
15.	PSY-EC-429	Environmental Psychology	4	50
16.	PSY-EC-430	Forensic Psychology	4	50
17.	PSY-EC-431	Psychology of Aging	4	50
18.	PSY-EC-432	Applications of Indian Psychology	4	50
19.	PSY-EC-433	Dissertation (Advanced Stage)	4	50

**Open Elective Courses**

S. No.	Course Code	Course Title	Credits	Contact Hours
1.	PSY-OE-226	Positive Psychology	2	25
2.	PSY-OE-227	Understanding Mind through Dream Analysis		
3.	PSY-OE-334	Life Skills and Personality Development	2	25
4.	PSY-OE-335	Prevention and Management of Depression for Professional Excellence	2	25

**Soft Skill Based Courses**

S. No.	Course Code	Course Title	Credits	Contact Hours
1.	PSY-SE-125	Assertiveness Training	4	50

**The Practical/Lab Courses**

Course Period	Total No. of Practical	Minimum No. of Practical to be Performed
1 <sup>st</sup> Semester	06	04
2 <sup>nd</sup> Semester	06	04
3 <sup>rd</sup> Semester	06	04
4 <sup>th</sup> Semester	06	04

**Note:** Students have to successfully perform FOUR practical out of SIX necessarily to appear in the end semester examination.

**A. Scheme of Examination**

S. No.	Examinations	Total Marks
1.	Mid Semester Examination	20 Marks
2.	Internal Assessment	20 Marks
3.	End Semester Examination	60 Marks

**Semester-wise courses of MA./M.Sc. (Psychology)**

**FIRST SEMESTER**

Paper Code	Title of the Paper	Credits	Page No.
PSY-CC-121	Advanced Social Psychology	4	8
PSY-CC-122	Cognitive Psychology I	4	9
PSY-CC-123	Foundations of Psychological Research	4	10
PSY-CC-124	Practical	4	11
PSY-SE-125	Assertiveness Training	4	12

**Note:** All papers are compulsory.

### **SECOND SEMESTER**

<b>Paper Code</b>	<b>Title of the Paper</b>	<b>Credits</b>	<b>Page No.</b>
PSY-CC-221	Applied Social Psychology	4	13
PSY-CC-222	Cognitive Psychology II	4	14
PSY-CC-223	Research Designs & Statistics	4	15
PSY-CC-224	Practical	4	16
PSY-EC-225	Fundamentals of Indian Psychology	4	17
PSY-OE-226	Positive Psychology	2	18
PSY-OE-227	Understanding Mind through Dream Analysis	2	19

**Note 1:** All papers are compulsory.

**Note 2:** Open electives (PSY-OE-226) and (PSY-OE-227) are meant for the students of other departments.

### **THIRD SEMESTER**

First four papers are compulsory. Any one paper from the available electives may be chosen.

<b>Paper Code</b>	<b>Title of the Paper</b>	<b>Credits</b>	<b>Page No.</b>
PSY-CC-321	Neuropsychology	4	20
PSY-CC-322	Psychopathology	4	21
PSY-CC-323	Psychology of Personality	4	22
PSY-CC-324	Practical	4	23
PSY-EC-325	Basic Organizational Processes	4	24
PSY-EC-326	Community Psychology	4	25
PSY-EC-327	Counseling Psychology	4	26
PSY-EC-328	Psychodiagnostics	4	27
PSY-EC-329	Military Psychology	4	28
PSY-EC-330	Psychopharmacology	4	29
PSY-EC-331	Psychology of Adolescence	4	30
PSY-EC-332	Stress Management in organizations	4	31
PSY-EC-333	Dissertation (Preparatory Stage)	4	32
PSY-OE-334	Life Skills and Personality Development	2	33
PSY-OE-335	Prevention and Management of Depression for Professional Excellence	2	34

**Note:** Open electives (PSY-OE-334) and (PSY-OE-335) are meant for the students of other departments.

### **FOURTH SEMESTER**

First four papers are compulsory. Anyone paper from the available electives may be chosen.

<b>Paper Code</b>	<b>Title of the Paper</b>	<b>Credits</b>	<b>Page No.</b>
PSY-CC-421	Psychology of Emotion	4	35
PSY-CC-422	Psychological Measurement & Testing	4	36
PSY-CC-423	Clinical Intervention	4	37
PSY-CC-424	Practical	4	38
PSY-EC-425	Health Psychology	4	39
PSY-EC-426	Child and Adolescent Psychopathology	4	40
PSY-EC-427	Organizational Communication	4	41
PSY-EC-428	Cross-Cultural Psychology	4	42
PSY-EC-429	Environmental Psychology	4	43
PSY-EC-430	Forensic Psychology	4	44
PSY-EC-431	Psychology of Aging	4	45
PSY-EC-432	Applications of Indian Psychology	4	46
PSY-EC-433	Dissertation (Advanced Stage)	4	47

### **Ph. D. (Psychology)**

The Ph. D. Course work programme in psychology provides students with an opportunity to carry out their research works in Social Psychology, Clinical Psychology, Positive Psychology and Health Psychology. During their coursework, they are taught the Research Methodology course in sufficient details that help them to understand each and every aspects of a good research work. Further, they are also acquainted with the current or ongoing research work in the field of Psychology. They carry out review of the literature in the area of their interest. Apart from that, they are also taught some theoretical aspects of Psychology which are essential before pursuing a research work. After successful completion of the Ph.D. Course work, they are allowed to proceed for synopsis preparation, data collection and thesis writing.

#### **1. Duration of the programme**

- (a) Minimum duration for Ph.D. Course work : **01 Semester**
- (b) Minimum Duration for submission of thesis : **03 Years (Six Semesters)**
- (c) Maximum duration : **As Per University Rules**

#### **2. Structure of the programme**

- (a) Number of Core Courses : **04**
- (b) Minimum number of Elective Courses : **01**

#### **3. Distribution of Credits for Ph.D. Course Work**

S. No.	Course Code	Title	Credit
1.	PSY-CC-141	Research Methods	4
2.	PSY-CC-142	Computer Applications and Research Communication	4
3.	PSY-CC-143	Review of Literature	4
4.	PSY-CC-144	Research and Publication Ethics	2
<b>Elective:</b> Any one of the following:			
5.	PSY-EC-145	Current trends in Psychology of Health and well-being	4
6.	PSY-EC-146	Human Memory	4
7.	PSY-EC-147	Higher Mental Processes	4
8.	PSY-EC-148	Eyewitness Psychology	4
9.	PSY-EC-149	Clinical Assessment and Intervention	4
10.	PSY-EC-150	Organizational Behaviour	4
<b>Total Credits</b>			<b>18</b>

#### **1.3 Curriculum Design and Development**

- ✓ Syllabus of all the courses are revised and updated from time to time in the meeting of Board of Studies (BoS) of the department.
- ✓ The old syllabi of UG, PG and Ph.D. were revised as per the guidelines of Choice Based Credit System (CBCS) and the same were approved by the Board of Studies (BoS) member of the Department of Psychology in a meeting held in the Department on 08.10.2021.
- ✓ These courses were also approved by the school board and finally academic programme committee (APC) of the university.