



No./DoAA/Ph.D.Noti./Yoga Education/ 1154

21 November, 2025

NOTIFICATION-CUM-CERTIFICATE

It is notified that in accordance with the provisions contained in Ordinance No. 23(A), Hon'ble Vice Chancellor, exercising the powers of the Executive Council under Section 11 (3) of the Central Universities Act, 2009, is pleased to approve the award of DOCTOR OF PHILOSOPHY to the candidate, mentioned in the table given below:-

क्र. No	शोधार्थी का नाम एवं पता Name & Address of the Research Scholar	विभाग / अध्ययनशाला / पंजीयन क्रमांक व दिनांक Dept./School/ Registration No. & Date	शोध विषय Title of the Thesis एवं जमा करने की तिथि Date of Submission	पर्यवेक्षक / सह-पर्यवेक्षक का नाम एवं पता Name & Address of the Supervisor/ Co-Supervisor	कुलपति जी के अनुमोदन की तिथि Date of Approval by the Vice-Chancellor
615	सुश्री ख्याति गोस्वामी D/o श्री हर्ष वर्धन गोस्वामी माता का नाम: श्रीमती बनीता बाला गोस्वामी 08, आर. के. पुरम एक्सटेंशन, राकेश मार्ग गाजियाबाद, पिनकोड-201001 (उ.प्र.) Ms. Khyati Goswami D/o Shri Harsh Vardhan Goswami Mother's Name: Smt. Banita Bala Goswami 08, R. K. Puram Extension, Rakesh Marg Ghaziabad, Pincode-201001 (U.P.)	Yoga Education/ Educational Studies (SES)/ Y21498002 and 11.02.2022	"Effect of Yogic Practices on Selected Psychological, Physiological and Hematological Variables of Sportspersons" 02.04.2025	डॉ. अरुण कुमार साव सहायक प्राध्यापक योग शिक्षा विभाग डॉक्टर हरीसिंह गौर विश्वविद्यालय सागर (म.प्र.) Dr. Arun Kumar Sao Assistant Professor Department of Yoga Education Doctor Harisingh Gour Vishwavidyalaya Sagar (M.P.)	12.11.2025

Further, it is certified that the Degree approved for the award of Doctor of Philosophy is in accordance with the University Grants Commission (Minimum Standards and Procedure for Award of M.Phil/Ph.D. Degree) Regulations, 2016.

By Order
Sagar
21/11/25
I/c Controller of Examinations
VC CONTROLLER (Exams.)
Dr. M. S. Gour V. V. Sagar (M.P.)

Copy to:-

- Concerned Candidate, Supervisor, Co-Supervisor, HoD & School Dean.
- I/c Librarian, I/c Website Cell, and Deputy Registrar (Exams.)
- Secretary to the Vice-Chancellor, PA to Registrar.
- Under Secretary (Research), University Grants Commission, Bahadur Shah Zafar Marg, New Delhi-110002
- Deputy Director, Research Division, Association of Indian Universities, 16 AIU House, Comrade Indrajit Gupta Marg (Kotla Marg), New Delhi-110002
- Principal Secretary, Department of Higher Education, Govt. of M.P., Vallabh Bhawan, Mantralaya, Bhopal-462004 (M.P.)
- Director, INFLIBNET Centre, Opp. TCS, Infocity, Gandhinagar-382007 (Gujarat)
- Nodal Officer (NAD Cell), Doctor Harisingh Gour Vishwavidyalaya, Sagar (M.P.)
- I/c Media Officer, Doctor Harisingh Gour Vishwavidyalaya, Sagar (M.P.)
- Editor, Hindustan Times, Times of India, Indian Express, NaiDuniya, Nav Bharat, Dainik Bhaskar, Dainik Acharan, Sagar (M.P.)

with a request to please publish this notification as news item for general information.

Joint Registrar, Academic Affairs

संयुक्त कुलसचिव
शैक्षणिक गतिविधियाँ
डॉक्टर हरीसिंह गौर विश्वविद्यालय
(केन्द्रीय विश्वविद्यालय)
सागर - 470003 (म.प्र.)
Joint Registrar