

योग शिक्षा विभाग
DEPARTMENT OF YOGA EDUCATION
डॉक्टर हरीसिंह गौर विश्वविद्यालय, सागर
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA, SAGAR (M.P.)
(A Central University)

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NOTICE

As per Ordinance- 23(A), clause I7.1 after seeking the opinion of the Research Advisory Committee (RAC), the Pre-Submission seminar of **Ms. Pragya Sao, Reg. No. Y22498002** research scholar, working under the supervision of **Dr. Arun Kumar Sao** will be held on **10.02.2026** from **03.00 PM** in the Department of Yoga Education. The Topic of her Thesis

“माध्यमिक स्तर के विद्यार्थियों की बौद्धिक क्षमता एवं स्मरण शक्ति पर प्रज्ञायोग, प्राणायाम और ध्यान के प्रभाव का अध्ययन”

All the faculty members and research scholar are requested to attend the same.

**Head of Department
Yoga Education**

प्रोफेसर एवं अध्यक्ष / Professor & Head
योग शिक्षा विभाग / Deptt. of Yoga Education
डॉ. हरीसिंह गौर केन्द्रीय विश्वविद्यालय, सागर (म.प्र.)
Dr. Hari Singh Gour Central University, Sagar (M.P.)

Copy to :

1. DoAA, Dr. Harisingh Gour Vishwavidyalaya, Sagar
2. Dean SES, Dr. Harisingh Gour Vishwavidyalaya, Sagar
3. Dr. Arun Kumar Sao (Supervisor and Convener of RAC)
4. Dr. Chittibabu Putcha (External Member-RAC Department of Adult Education)
5. Prof. B. I. Guru (Internal Member- RAC Department of Yoga Education)
6. Ms. Pragya Sao, Research Scholar
- ✓ 7. In Charge, web cell for display on the website.
8. All Faculty Members, Department of Yoga Education
9. Office Copy