

REPORT ON ONE DAY WORKSHOP

Title of the workshop

"Millet Crops: Nutritious Human Life and Tribal Empowerment"

A one day workshop was conducted on 18th March, 2024 at Krishi Vigyan Kendra, Jhabua (M.P.) on "Millet Crops: Nutritious Human Life and Tribal Empowerment" under the ICSSR Short-term Empirical Research Project 2023-24. There were Thirty-five participants in this workshop. The participants were belongs to Asha workers, Anganwadi workers, civil society members and the local farmers. Dr. I.S. Tomar (OSD to V.C. and Dean, College of Horticulture, Mandsoure, M.P.) was the Chief Guest, Dr. Jagdish Morya (Head and Agricultural Scientist, Krishi Vigyan Kendra, Jhabua) Dr. Vinay Kumar Singh (Soil Scientist, Krishi Vigyan Kendra, Jhabua), and Benedict Damor (Director, Adivasi Chetna Shikshan Samiti, Jhabu) were the gust in this one day workshop.



In the inaugural session of the workshop Dr. I.S. Tomar has delivered Chief-Guest speech and Dr. Vinay Kumar Singh chaired the session. In his Chief-Guest speech, Dr. Tomar discussed in detail on the soil characteristics and suitable ecological condition of the tribal inhabited district of Jhabua for the cultivation of millets crops without much cost. He has also discussed the traditional cropping pattern in the district and its nutritional importance. Dr. Tomar enlightened to the local farmers on the economical benefit of the millet crops farming and advised to the farmer not only to restrict themselves only as a producer produced but to become an entrepreneur by cultivating millet crops. In his thirty-five year of experience as an agricultural scientist, Dr. Tomar informed that he has seen the health benefit of the millet crops consumption among the old aged people of the Bhil tribe in the region and he strongly motivated to the farmers to take benefit of the various initiative introduced by the present government to empower tribal people by cultivating millet crops.



Benedict Damor as a guest in the session shared his knowledge on the traditional farming among the Bhil tribe and gave information to the participant that there were more than 150 varieties of food crops that were earlier consumed by the Bhil tribe in the region. By sharing his field experience in the Bhil tribe of Jhabua, Damor said that new generation farmers are not aware about both health and economic benefit of millet crops. Even the old aged farmers are not interested to educate their children about the importance of millet crop farming. As a director of his organization, he

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promised that his organization is always ready to educate and motivate to the Bhil farmers about millet crops farming if chance will given to his organization.



In chairing the session, Dr. Vinay Kumar Singh shared his practical experience of millet crops farming by the farmers and it's both economic and health benefit. He shared the story of five farmers to whom Dr. Vinay Kumar Singh motivated and helped in various ways to cultivate millet crops. He said, now these five farmers are economically well and there is no case of anemic person and under-nutrient children among their family. He advised to the farmers to cultivate millet crops and he promised to the farmers that Krishi Vigyan Kendra Jhabua is ready to provide any kind of help to the farmer in the process of millet farming. Dr. Singh highlighted the indigenous way of millet crops farming and also informed that Krishi Vigyan Kendra has verity of millet crops sample, the farmers may come to the Kendra and get knowledge about the process of millet crops cultivation.



In the Discussion session, farmers shared their knowledge and experience about millet crops farming and its nutritional benefit. Mulchand Verma and Putting Verma were the successful famers on millet crops farming and they shared their motivation, initiation and the practical experience of millet crop farming. At present they only cultivate Jowar and Bajra with other crops farming. They also informed that Krishi Vigyan Kendra, Jhabua helped and motivated them to cultivate millet crops. These farmers also shared their knowledge on millet crops with the participants. After the discussion session with the participant, the project report "The Lost Farming: Forgotten Millet and Nutritional Deficiency among the Tribe (with special reference to Jhabua District of Madhya Pradesh)" was presented by Somya Pandey (Research Assistant) in the presence of invited guest and participants of the workshop.



In the Valedictory session, Dr. Jagadish Morya delivered his speech on "Millet crops for nutritional security". In his speech he familiarized the farmers with the various nutritional dimensions of different types of millet crops that were grown in the tribal district of Jhabua. As a head of Krishi Vigyan Kendra, he promised to the farmers that from knowledge dimension to the technological dimension, Kendra is always ready to help farmer for millet crops farming. He also informed to the participants that his

A handwritten signature in blue ink, likely belonging to Dr. Jagadish Morya.

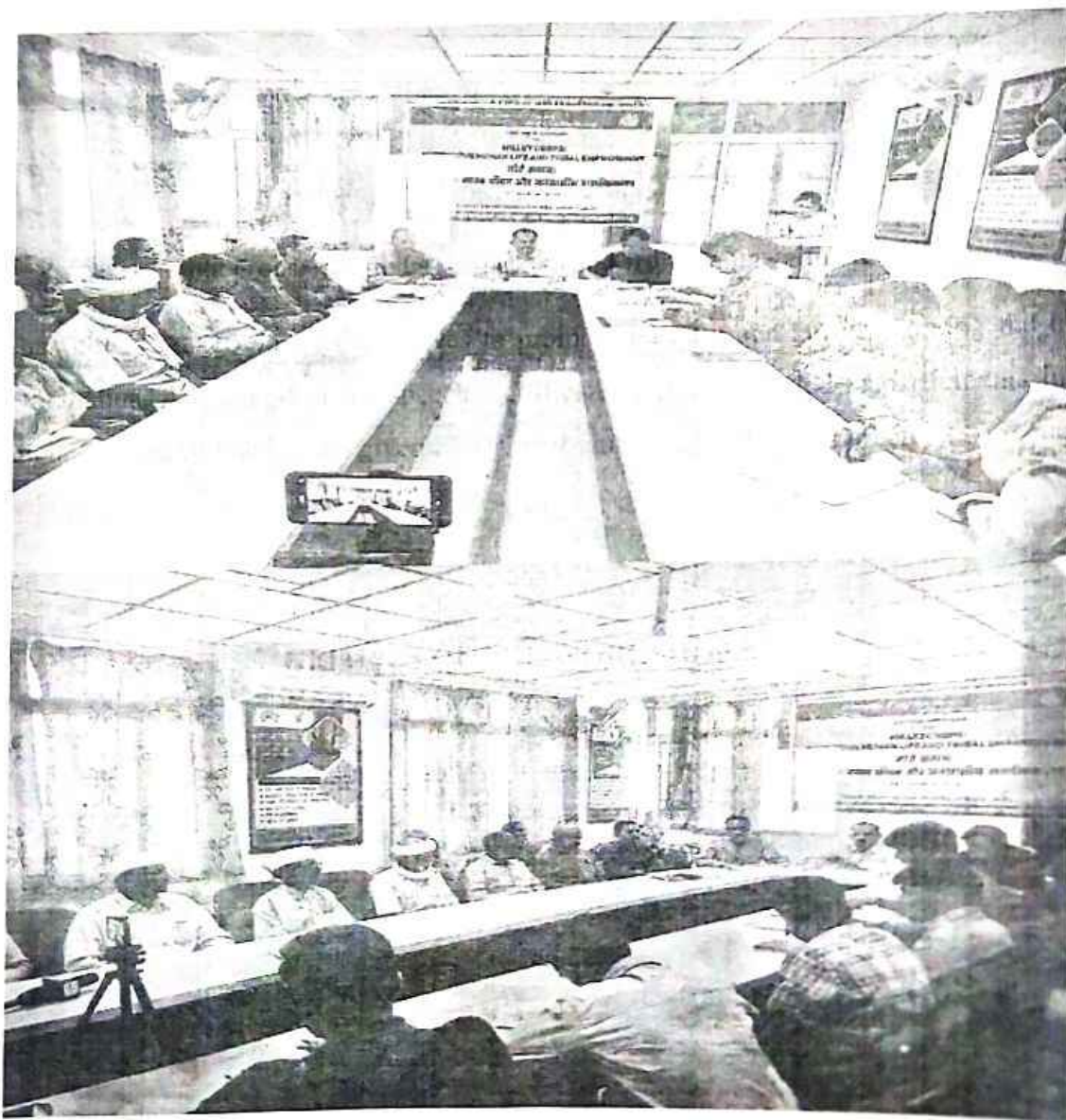
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Kendra has already taken various initiatives to promote millet crops farming among the tribal farmers in Jhabua. At the end of the speech, certificates were distributed to participants in the presence guest. Vote of thanks was given by Dr. Shibsankar Jena (Project Director), convener of the workshop.

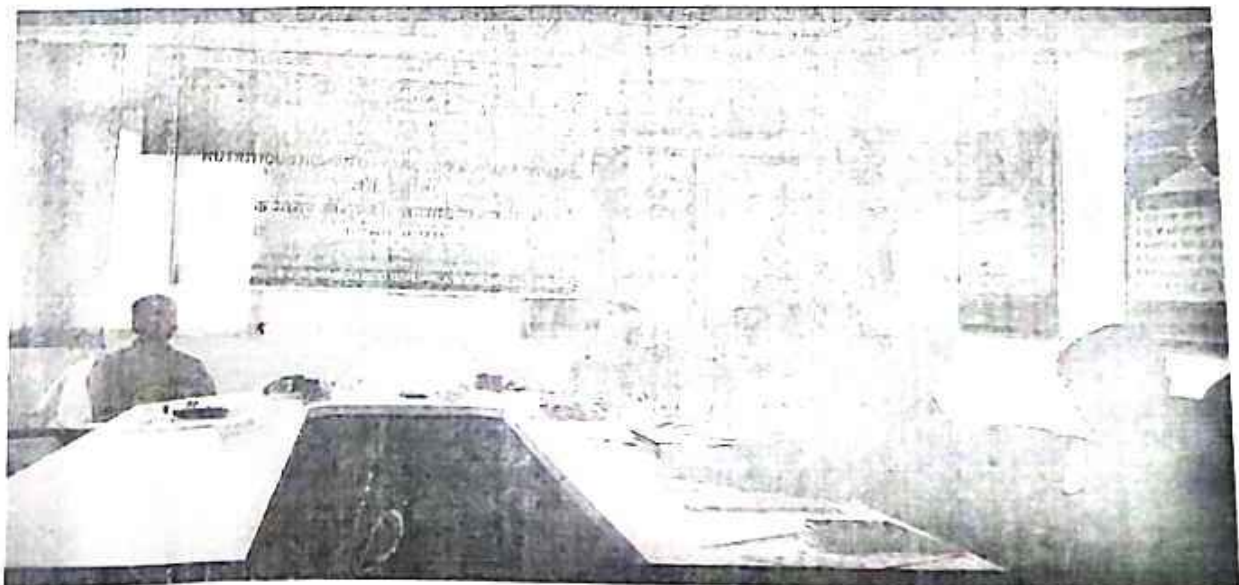
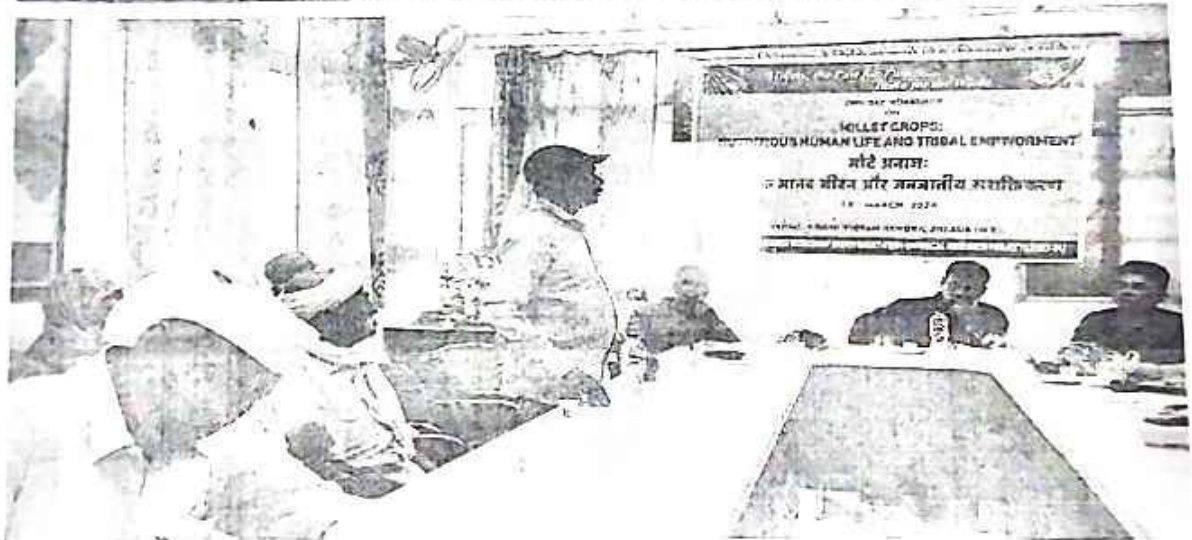
GLIMPES OF THE WORKSHOP



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