



UGC-HUMAN RESOURCE DEVELOPMENT CENTRE  
Doctor Harisingh Gour Vishwavidyalaya, Sagar MP, India



CERTIFICATE  
WORKSHOP ON

**STRESS MANAGEMENT BY EFFECTIVE TEACHING METHODS**

*This is to certify that Dr. Shakila Khan, Guest Faculty, Department of Education  
Doctor Harisingh Gour Vishwavidyalaya, Sagar participated in the Workshop on  
"Stress Management by Effective Teaching Methods" held from 26-28 March, 2018  
at UGC-Human Resource Development Centre, Doctor Harisingh Gour Vishwavidyalaya Sagar (M.P.).*

Director

Course Coordinator

  
28/3/18

Vice-Chancellor