

2021

- Yoga Day was celebrated in which all the B.Pharm., M.Pharm, Research Scholars and Faculty members participated with full enthusiasm. Students posted their pictures doing different yoga asanas on the group. During the event students participated in the poster and Speech competition

- GROUNDED & BETTER FOCUS
- INCREASE YOUR BLOOD FLOW
- STRONG IMMUNE SYSTEM
- INCREASE FOCUS
- HELPS BETTER DIGESTION

OVERALL MENTAL HEALTH.

INSIDE you can always have control"

- INCREASE ENERGY
- INCREASE FLEXIBILITY
- LESS CHANCE OF HEART ATTACK
- BETTER RESPIRATION



sofa karmasu kaushtayam

Anesthika
Cyantur
TXI pharma.

HAPPY YOGA DAY...



YOGA IS THE GATEWAY OF HAPPINESS
THAT BODY NEEDS IN DAILY
LIFE!

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