



Pushkar Pathak
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Indian Council of Social Science Research
(Ministry of Education)
JNU Institutional Area, Aruna Asaf Ali Marg,
New Delhi – 110067
Website: www.icssr.org

SANCTION ORDER

F.No. COVID/961/20/2020-21/ICSSR

Dated: 02-03-2021

The Registrar,
Doctor Harisingh Gour Vishwavidyalaya
Sagar-470003, Madhya Pradesh

Subject: Sanction of Research Project entitled **"Nurturing resilience to cope with existential anxiety and stereotype threats among high-risk population: Psychotherapeutic Interventions during COVID-19 pandemic"** under Special Call for Studies Focusing on Social Science Dimensions of Covid-19 Coronavirus Pandemic to **Dr. Sanjay Kumar**.

Dear Sir/Madam,

1. The Indian Council of Social Science Research (ICSSR) considered the above Research project under Special Call for Studies Focusing on Social Science Dimensions of Covid-19 Coronavirus Pandemic submitted by **Dr. Sanjay Kumar, Assistant Professor, Dept. of Psychology, School of Humanities and Social Science, Doctor Harisingh Gour Vishwavidyalaya**. Co-Project Directors of the study are: **Dr. Purnima Awasthi, Dr. Om Shanker and Dr. Masood Maqbool**.
2. The study, as proposed by the researcher, is to be located at and financially administered by your affiliating institution as per the guidelines of this award.
3. The ICSSR has sanctioned a grant-in-aid of Rs. 600000/- (Rupees Six Lakh Only) for the above research project and the grant will be released as follows:

First instalment (25%)	:Rs. 150000/-
Second instalment (40%)	:Rs. 240000/-
Third instalment (25%)	:Rs. 150000/-
Fourth Instalment (5%)	:Rs. 30000/-
Publication cost* (5%)	:Rs. 30000/-
Total	:Rs. 600000/-
Overhead charges over and above 5% or maximum Rs.1,00,000	: Rs. 30000/-**

* ICSSR would publish it subject to recommendation by the expert and relevant Committees for the purpose, from the overall budget, so to be retained by the ICSSR .

**will be released on successful completion of project after evaluation.
(The break-up budget approved by the ICSSR of Rs. 600000/- is enclosed).

4. The **First installment** of the approved grant-in-aid will be released after receiving the grant-in-aid bill duly filled in, stamped and signed by the Project Director as well as the affiliating organization. **(GIB already received)**.
5. In case, the study involves survey research, the finalized schedules/questionnaires (2 copies) designed to elicit information should be sent to the ICSSR as per the following schedule:
 - a) If the schedule/questionnaire for eliciting information is as per standard questionnaire, these will have to be sent to ICSSR immediately,

- b) If the schedule /questionnaire for eliciting information are to be designed afresh keeping in view the requirements of the project, these will have to be sent to the ICSSR within a period of six months in any case.
6. The **Second instalment** will be released after receiving a satisfactory **mid-term** progress report along with a simple statement of account of the first instalment.
7. Before the release of **Third instalment**, soft copy of the Final Report (in both pdf and word format) along with test report of plagiarism check carried by scholar him/herself to be submitted for its acceptance. The plagiarism test should be carried by using Turnitin/iThenticate software and degree of similarity must be below 16%. ICSSR itself will also verify the plagiarism result.

After acceptance of report by the ICSSR, Project Director would be required to submit the following:

- a. **Two** hard copies of modified Final Report free from plagiarism,
 - b. **Ten** copies of executive summary of 3000 to 4000 words
 - c. Final soft copy (in both pdf and word format) in pen drive.
 - d. At least **one**, preferably **two or more** Research Papers.
 - e. Soft copy of data related to Research project for the archival purpose and its dissemination.
8. The scholar shall acknowledge support of ICSSR in all publications resulting from the project output (Research Paper, Books, Articles, Reports, etc.) and should submit a copy of the same to the ICSSR during its course till completion. ICSSR will have first right to publish in original/improved/edited form of the above mentioned output of the project.
9. The **Fourth instalment** will be released on the receipt of:
- (a) Satisfactory book length of the Final Report in the publishable form after incorporating all corrections, suggestions of the expert;
 - (b) Statement of accounts with Utilization Certificate in GFR of 12A form for the entire project amount duly signed by the Finance Officer/Registrar/Principal/Director of the affiliating institution
 - (c) A certificate of statement of assets and books purchased out of the project fund issued by the affiliating institution.
10. The University/Institution of affiliation will provide to the scholar office accommodation including furniture, library and research facilities and messengerial services. For this, the ICSSR shall pay to the University/Institution of affiliation overhead charges @ 5% of the total expenditure incurred on the project only after successful completion of the project.
11. The Contingency Grant may be utilized for research and office assistance, books, stationary, computer cost, research assistance and the field work expenses of Project Director, Co-Project Directors and research personnel connected with the research work.
12. The overhead charges to the affiliating institution over and above @ 5% or maximum Rs.1,00,000 will be released only after successful completion of the project after evaluation. The accounts and the Utilization Certificate will be signed by the Finance Officer/Registrar/Principal/Director in the case of accounts of the institution are audited by CAG/AG. Otherwise, they need to be signed by the Finance Officer and the Chartered Account.
13. The Project Director of the research project will be **Dr. Sanjay Kumar**, who will be responsible for its completion within **9 months** from the date of commencement of the project i.e. **1st March 2021**.
14. The Project Director will abide by all conditions mentioned in guidelines, award letter, sanction order and any other order issued from time to time.
15. In case, the Project Director does not submit the periodic / final project report as per schedule with adequate justification, the scholar may be penalized or even debarred from availing all future financial assistance from ICSSR.
16. All grants from ICSSR are subject to the general provision of GFR 2005 and in particular with reference to the provisions contained in GFR 200, GFR 210, GFR 211 and GFR 212.

17. The Project Director will ensure that the expenditure incurred by him conforms to the approved budget heads. The grant-in-aid is subject to all the conditions laid down in the Special Call for Studies Focusing on Social Science Dimensions of Covid-19 Coronavirus Pandemic <https://icssr.org/sites/default/files/covid-19-guidelines.pdf>
18. The expenditure on this account is debatable to the **Budget Head-OH 31.01 Research Projects (Scheme-0877)**. The details of expenditure to be booked under different sub-heads may be seen as the last page of the sanction order.
19. All the installments of grant according to Para 3 of Sanction Order Letter will be released against said project and fulfilling all conditions for the release of grant to affiliated institute as per details placed below at Annexure A provided by the competent authority of affiliated institute/university/college as applicable. **Opening of PFMS account by the Affiliated Institute for sanctioned project by ICSSR is mandatory for the release of grant and is entirely the responsibility of the scholar and the affiliating institute to enable PFMS account functional from their end.**
20. As per Ministry of Education instruction, the amount of grant sanctioned herein is to be utilized by **the end of the project duration**. Any amount of the grant remaining unspent shall be refunded to the ICSSR immediately after the expiry of the duration of the project. If the grantee fails to utilize the grant for the purpose for which the same has been sanctioned/or fails to submit the audited statement of expenditure within the stipulated period, the grantee will be required to refund the amount of the grant with interest thereon @ 10% per annum.

Yours faithfully,



**Pushkar Pathak
(Systems Analyst)**

For MEMBER-SECRETARY

Encl: as above.

Copy to:

1. Dr. Sanjay Kumar
Assistant Professor,
Dept. of Psychology, School of Humanitis and Social Science,
Dr. Hari Singh Gaur Vishvidyalya, Sagar-470003, Madhya Pradesh
Mobile No-8819034818
2. Dr. Purnima Awasthi
Associate Professor
Dept of Psychology,
Banaras Hindu University
Varanasi, Uttar Pradesh 221005
3. Dr. Om Shanker
Cardiologist,
Dept of Cardiology, Institute of Medical Sciences,
Banaras Hindu University Campus,
Varanasi, Uttar Pradesh -221005
4. Dr. Masood Maqbool
Clinical Psychologist,
Govt. Medical College,
Srinagar, Jammu and Kashmir 190010
5. Finance Branch, ICSSR, New Delhi
6. Record file



**Pushkar Pathak
(Systems Analyst)**

For MEMBER-SECRETARY

PROJECT BUDGET

Title: Nurturing resilience to cope with existential anxiety and stereotype threats among high-risk population:
Psychotherapeutic Interventions during COVID-19 pandemic

By: Dr. Sanjay Kumar

S.No	Expenditure Head	Percentage Allocation to Total Budget of the Study	Actual Value as per the Study (In Rs.)
1	Research Staff Full time/Part-time/Hired Services	Preferably 40% for Research Staff & 35% in Field work. Total shall not exceed 75% of the total budget	270000
2	Fieldwork Travel/Logistics/Boarding, etc. Including Books/Journals		210000
3	Equipment and Study Material Computer, printer etc. Source Material/Software and Data Sets, etc.	Not exceeding 15%	60000
4	Contingency	Not exceeding 5%	30000
5	Publication of Report*	5%	30000
6	Total	100%	600000
	Overhead Charges(over and above the total cost of the project)	5% or maximum Rs.1,00,000/- whichever is less	30000

*The five percent (5%) publication amount will be kept by the ICSSR for publication of the final report based on the recommendations of the Expert Committee constituted by the ICSSR.

➤ **Remuneration and Emoluments of Project Staff**

a) Project staff could be engaged by the Project Director on a full/ part-time basis during the research work and the duration/consolidated monthly emoluments of their employment may be decided by the project director within the limits of the sanctioned financial allocation and as per the ICSSR rules. b) Research Associate @Rs.25, 000/- p.m. (Qualification – Post graduate in any social science discipline with minimum 55% marks and NET/SLET /M.Phil/Ph.D) c) Research Assistant @Rs.20, 000/- p.m. (Qualification- Ph.D./M.Phil./ Post graduate in social science discipline with minimum 55% marks d) Field Investigator @ Rs.15, 000/-p.m. (not exceeding 6 months) (Qualification-M.A with minimum 55% marks). e) Retrospective payment for work already done is not permissible

➤ **Re-appropriation:** The Project Investigator may with the permission of the Institution may re-appropriate expenditure from one sub-head to another (except publication of report) subject to a maximum of 10 % of the head which is being increased. If the study necessitates re-appropriation of beyond 10%, it may be done only after the approval of the ICSSR

➤ **Selection of Research Staff** should be done through an advertisement and a selection committee consisting of (1) Project Director; (2) One outside Expert (other than the institute where the project is located); (3) a nominee of the Vice Chancellor/Head of the Institution and (4) Head of the Department)/Dean of relevant faculty duly approved by the competent authority.

➤ **For all field work related expenses** of Project Director, Co-Director and project personnel, rules pertaining to affiliating institutes shall be followed.

➤ **All equipment and books** purchased out of the project fund shall be the property of the affiliating institutions. On completion of the study, the Project Director shall submit an undertaking in this regard. The ICSSR, however, reserves the right to take charge of equipment and books, if it thinks it fit in a case.

➤ **Purchase of equipment/ assets** for the research Project is permissible only if it is originally proposed and approved by the ICSSR and does not exceed the permissible amount.

