

**To explore the relationship between perceived barriers
in eating habits and it's consequences on lifestyle of an
individual.**

A

Proposal of Dissertation
Submitted for the Degree of

MASTER OF ARTS

IN

PSYCHOLOGY



By

Shruti Sodhiya
(Y20225011)

Under the Supervision of
Dr. Devki Nandan Sharma

DEPARTMENT OF PSYCHOLOGY
SCHOOL OF HUMANITIES & SOCIAL SCIENCES
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA,
(A CENTRAL UNIVERSITY)
SAGAR, (M. P.), 470003, INDIA
2022

DECLARATION

I Shruti Sodhiya declare that the Dissertation Report entitled "To explore the relationship between perceived barriers in eating habits and it's consequences on lifestyle of an individual " is prepared by me and this is my Original and Bonafede's work and the report prepared therein is based on research by me during my Master of Art's in Psychology under the supervision of Dr. Devki Nandan Sharma, Department of psychology, Dr. HariSingh Gour A Central University Sagar (M.P.).

I further declare that to the best of my knowledge and belief this work is not submitted to this or any other University for the award of any other Degree or equivalent courses.

Place: Sagar (M.P.) Date:

(Shruti Sodhiya)

Reg. No. Y20225011



मनोविज्ञान विभाग
DEPARTMENT OF PSYCHOLOGY
मानविकी एवं सामाजिक विज्ञान अध्ययनशाला,
School of Humanities & Social Sciences,
डॉक्टर हरीसिंह गौर विश्वविद्यालय, सागर, 470003, म. प्र., भारत,
Doctor Harisingh Gour Vishwavidyalaya, Sagar, 470003, M. P., India
Website: www.dhsgsu.ac.in

डॉ. डी.एन. शर्मा

सहायक प्राध्यापक
(अतिथि शिक्षक)

☎ (Office) : 07582 297154
Mobile: +91 9926341073
Email: devesh1110@gmail.com

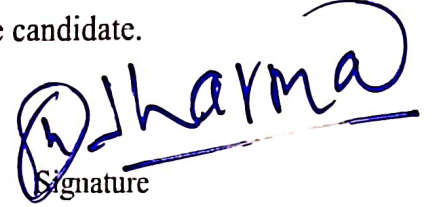
Dr. D. N. SHARMA

Assistant Professor
(Guest Faculty)

CERTIFICATE

This is to certify that *Ms. Shruti Sodhiya*, a student of Masters of Arts in (M. A.) Psychology, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya (A Central University), Sagar (M.P.) India has submitted this Dissertation Report entitled "*To explore the relationship between perceived barriers in eating habits and it's consequences on lifestyle of an individual*" under my supervision. It is the original work of the candidate and it has not previously formed the basis for the award of any Degree, Diploma, or other equivalent courses. The Dissertation work represents independent work on the part of the candidate.

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Signature

Date: 10-10-2022

(Dr.D.N.Sharma)

Forwarded

(Prof. A.D. Sharma)

Head

Department of Psychology

Dr. H. S. Gour Vishwavidyalaya, Sagar (M.P.)

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