



Understanding the Relationship between Touch Deprivation and Quality of Life of Indian Adults: A Mixed Methods Study

A DISSERTATION SUBMITTED TO
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA
FOR PARTIAL FULFILLMENT OF THE DEGREE OF

Master of Arts

IN

PSYCHOLOGY

In the School of Humanities & Social Sciences
In the Department of Psychology

By

Robin Rana

Under the Supervision of

Dr. Sharda Vishwakarma

Year: 2023

Registration No.: Y21225010



मनोविज्ञान विभाग

DEPARTMENT OF PSYCHOLOGY

मानविकी एवं सामाजिक विज्ञान अध्ययनशाला,
School of Humanities & Social Sciences,

डॉक्टर हरीसिंह गौर विश्वविद्यालय, सागर, 470003, म. प्र., भारत,
Doctor Harisingh Gour Vishwavidyalaya, Sagar, 470003, M. P., India

Website: www.dhsgsu.ac.in

डॉ. शारदा विश्वकर्मा
सहायक प्राध्यापक
(अतिथि शिक्षक)

☎ (Office) : 07582-358242
Mobile : +91 9893976229
Email: shardavishwakarma2

Dr. Sharda vishwakarma

Assistant Professor

(Guest Faculty)

CERTIFICATE

This is to certify that **Mr. Robin Rana (Y21225010)**, a student of Masters of Arts (M.A.) IV Semester in Psychology, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya (A Central University), Sagar (M.P.) India, has submitted this Dissertation Report entitled ***"Understanding the relationship between touch deprivation and quality of life of Indian young adults: A Mixed Methods Study"*** under my supervision. It is the original work of the candidate and it has not previously formed the basis for the award of any Degree, Diploma, or other equivalent courses. The Dissertation work represents independent work on the part of the candidate.

Place: Sagar (M.P.)

Signature *Sharda* 10.08.23

Date: 10.08.2023

(Dr. Sharda vishwakarma)

External Examiner

(Dr. P.K. Rao)

Internal Examiner

Dr. G.K. Tiwari

Forwarded
Dept. of Psychology, मनोविज्ञान विभाग
(Prof. A. D. Sharma)

Head, Department of Psychology
Dr. H. S. Gour Vishwavidyalaya, Sagar (M.P.)