



Relationship between Emotional Intelligence and Self-Destructive Behaviours among Young Adults

A DISSERTATION SUBMITTED TO
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA
FOR PARTIAL FULFILLMENT OF THE DEGREE OF

Master of Arts

IN

PSYCHOLOGY

In the School of Humanities & Social Sciences
In the Department of Psychology

By

Shaily Jain

Under the Supervision of

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Year: 2023

Registration No.: Y21225012



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CERTIFICATE

This is to certify that **Miss Shaily Jain (Y21225012)**, a student of Master of Arts (M. A.) IV Semester in Psychology, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya (A Central University), Sagar (M.P.) India, has submitted this Dissertation Report entitled "**Relationship between Emotional Intelligence and Self-Destructive Behaviours among young adults**" under my supervision. It is the original work of the candidate and it has not previously formed the basis for the award of any Degree, Diploma, or other equivalent courses. The Dissertation work represents independent work on the part of the candidate.

Place: Sagar (M. P.)

Date: 10.08.2023

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