



Technology, lifestyle, and loneliness: A qualitative study of Indian adults

A DISSERTATION SUBMITTED TO
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA
FOR PARTIAL FULFILLMENT OF THE DEGREE OF

Master of Arts

IN
PSYCHOLOGY

In the School of Humanities & Social Sciences
In the Department of Psychology

By
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Under the Supervision of
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मनोविज्ञान विभाग

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CERTIFICATE

This is to certify that *Miss Shaily Jain (Y21225018)*, a student of Masters of Arts (M.A.) IV Semester in Psychology, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya (A Central University), Sagar (M.P.) India, has submitted this Dissertation Report entitled "*Technology, lifestyle, and loneliness: A qualitative study of Indian adults*" under my supervision. It is the original work of the candidate and it has not previously formed the basis for the award of any Degree, Diploma, or other equivalent courses. The Dissertation work represents independent work on the part of the candidate.

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