



Understanding the Construal of Mental Health Among Young Non-Clinical Adults: A Thematic Analysis

**A DISSERTATION SUBMITTED TO
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA
FOR PARTIAL FULFILLMENT OF THE DEGREE OF**

Master of Arts

**IN
PSYCHOLOGY**

**In the School of Humanities & Social Sciences
In the Department of Psychology**

**By
Shubham**

**Under the Supervision of
Dr. Sharda Vishwakarma**

Year: 2024

Registration No.: Y22225016



मनोविज्ञान विभाग

DEPARTMENT OF PSYCHOLOGY

मानविकी एवं सामाजिक विज्ञान अध्ययनशाला,
School of Humanities & Social Sciences,

डॉक्टर हरीसिंह गौर विश्वविद्यालय, सागर, 470003, म. प्र., भारत,
Doctor Harisingh Gour Vishwavidyalaya, Sagar, 470003, M. P., India
Website: www.dhgsu.ac.in

डॉ. शारदा विश्वकर्मा
(अतिथि शिक्षक)

☎ (Office) : 07582-297154
Mobile : +91- 9893976229
Email : shardavishwakarma2@gmail.com

Dr. Sharda Vishwakarma
Guest Teacher

CERTIFICATE

This is to certify that **Mr. Shubham (Y22225016)**, a student of Masters of Arts (MA) IV Semester in Psychology, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya (A Central University), Sagar (M.P.) India, has submitted this Dissertation Report entitled ***“Understanding the Construal of Mental Health among Non-Clinical Adults: A Thematic Analysis”*** under my supervision. It is the original work of the candidate and it has not previously formed the basis for the award of any Degree, Diploma, or other equivalent courses. The Dissertation work represents independent work on the part of the candidate.

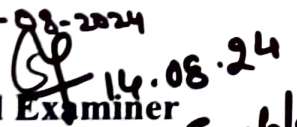
Place: Sagar (M.P.)

Signature

Date: 14-08-2024


(Dr. Sharda Vishwakarma)

External Examiner


Dr. S.K. Gupta

Internal Examiner

Forwarded


(Prof. A. D. Sharma)

Head, Department of Psychology
Dr. H. S. Gour Vishwavidyalaya, Sagar (M.P.)