



**Exploring the Mediating Effect of Mental
Well-being in the Relationship Between
Work Sector, Procrastination and
Perfectionism Among Middle-Aged
Employees**

**A DISSERTATION SUBMITTED TO
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA
FOR PARTIAL FULFILLMENT OF THE DEGREE OF**

Master of Science

IN

PSYCHOLOGY

**In the School of Humanities & Social Sciences
In the Department of Psychology**

By

Binsiya KP

**Under the Supervision of
Ms. Sanchita Meena**

Year: 2025

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मनोविज्ञान विभाग

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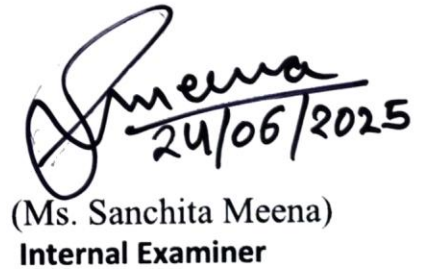
This is to certify that **Ms. BINSIYA KP (Y23225006)**, a student of Masters of Science (M. Sc.) IV Semester in Psychology, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya (A Central University), Sagar (M.P.) India, has submitted this Dissertation Report entitled **“Exploring the Mediating Effect of Mental Well-being in the Relationship Between Work Sector, Procrastination and Perfectionism Among Middle-Aged Employees”** under my supervision. It is the original work of the candidate and it has not previously formed the basis for the award of any Degree, Diploma, or other equivalent courses. The Dissertation work represents independent work on the part of the candidate.

Place : Sagar (M. P.)

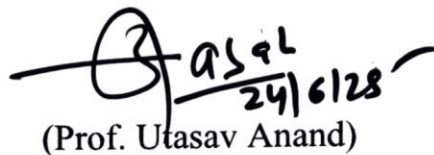
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