



From Uniform to Civilian: An Inquiry into the Coping Patterns and Adjustment Processes of Retired Military Personnel

**A Dissertation submitted to Dr. Harisingh Gour Vishwavidyalaya
for partial fulfilment of the Degree of**

**Master of Science
In
Psychology**

**In the School of Humanities and Social Sciences
In Department of Psychology**

**By
Soumya Shrivastava**

**Under the supervision of:
Ms. Sanchita Meena**

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