



**Exploring the Impact of Spiritual Beliefs and
Practices on Individuality, Family Dynamics, and
Relationships among Indian Women:**

A Qualitative Study

A DISSERTATION SUBMITTED TO DOCTOR
HARISINGH GOUR VISHWAVIDYALAYA FOR PARTIAL
FULFILLMENT OF THE DEGREE OF

Master of Arts

IN

PSYCHOLOGY

In the School of Humanities & Social Sciences in the
department of psychology

By

Yashvi Sharma

Under the supervision of

Dr. Sharda Vishwakarma

Year: 2025

Registration no: Y23225029



DEPARTMENT OF PSYCHOLOGY

School of Humanities and Social Sciences,

Doctor Harisingh Gour Vishwavidyalaya, Sagar, 470003. M.P., India

Website: www.dhsgsu.ac.in

Dr. Sharda Vishwakarma

Email: shardavishwakarma2@gmail.com

Guest Faculty

Mobile: +91 9893976229

CERTIFICATE

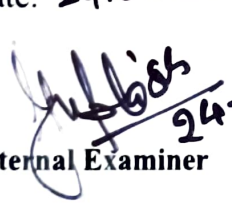
This is to certify that **Miss Yashvi Sharma (Y23225029)**, a student of Masters of Arts (M.A.) IV Semester in Psychology, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya (A Central University), Sagar (M.P.) India, has submitted this Dissertation Report entitled "Exploring the Impact of Spiritual Beliefs and Practices on Individuality, Family Dynamics, and Relationships among Indian Women: A Qualitative Study" under my supervision. It is the original work of the candidate and it has not previously formed the basis for the award of any Degree, Diploma, or other equivalent courses. The Dissertation work represents independent work on the part of the candidate.

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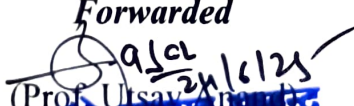
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(Dr. Sharda Vishwakarma)
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External Examiner

Internal Examiner

Forwarded

(Prof. Utsav Anand)
मुख्य मनोविज्ञान विभाग
सगर (म.प्र.)
Head, Department of Psychology
Dr. Harisingh Gour Vishwavidyalaya, Sagar (M.P.)

Dr. Harisingh Gour Vishwavidyalaya, Sagar (M.P.)