



## ABOUT THE B. S. CENTRE OF NEURO-PSYCHOLOGY AND COUNSELING

The B. S. Centre of Neuro-psychology and Counseling was established in the beginning of 1981 by the University with the contribution of M/S Bhagwandas Shobhalal Trust, Sagar through Seth Dalchandji Jain. The Center was conceived as a platform for scientific research and community services in the area of Guidance & Counselling and mental health. This center provides the Counselling services to the University students, hostel inmates and public at large from Monday to Friday (all university working days) from 09:30am to 6:00pm. The counselling services are provided both in face-to-face and telephonic modes. In addition, Family and Marital counselling services are extended also to the needy ones. The counselling services is available only to registered persons.

FOR ONLINE COUNSELLING REGISTRATION  
SCAN THIS QR CODE

FOR OFFLINE REGISTRATION  
CONTACT  
DEPARTMENT OF PSYCHOLOGY



Department of Psychology,  
Dr. Harisingh Gour  
Vishwavidyalaya, Sagar, M.P.



A Workshop  
on

## "FLOURISHING IN MODERN TIMES"

✦ Hybrid Mode ✦

Organized by  
B. S. Centre of Neuro-psychology and Counseling  
Department of Psychology



[hodpsychology@dhsgsu.edu.in](mailto:hodpsychology@dhsgsu.edu.in)



<https://www.dhsgsu.edu.in/index.php/en/departments01/psychology>



**DATE:**  
**19 May 2023**

**VENUE:**  
**Seminar Hall,  
Deptt. of Psychology**

**TIME:**  
**11 AM ONWARDS**

**REGISTRATION LINK:**  
<https://forms.gle/oaX4TMXc3o5uS7Wh7>



Scan to Register  
for Workshop

link to join Workshop:  
<https://meet.google.com/ice-pwmk-mst>

## RESOURCE PERSON



**Dr. Niranjana Prasad Yadav,**  
Former Registrar,  
Tilka Manjhi Bhagalpur University,  
Bhagalpur, Bihar



## LECTURE 1 Stress Management

## LECTURE 2 Psychological First Aid



**CHIEF PATRON :**

**PROF. NEELIMA GUPTA**  
(HON'BLE VICE CHANCELLOR)  
DR. HARISINGH GOUR VISHWAVIDYALAYA SAGAR



**PATRON:**  
**PROF. A. D. SHARMA**  
HEAD OF THE DEPARTMENT  
DEPARTMENT OF PSYCHOLOGY



**CONVENER:**  
**DR. G.K. TIWARI**  
ASSISTANT PROFESSOR  
DEPARTMENT OF PSYCHOLOGY



DR. SHARDA VISWAKARMA



DR. D.N. SHARMA

**CO-CONVENERS:**

**CO-ORDINATORS:**

MISS. ARCHNA CHOUDHARY    MR. ANURAG SHUKLA  
MISS. ARCHANA SINGH    MR. AMIT KUMAR MACORYA

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