

मनोविज्ञान विभाग

DEPARTMENT OF PSYCHOLOGY

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EXPERT LECTURES

Event Report: Lecture Series at Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya, Sagar, M. P.

Event Name: Lecture Series on Qualitative Research and Career Opportunities in Psychology

Dates: May 8th and 9th, 2023

Venue: Seminar Hall, Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya

Introduction: The Department of Psychology at Dr. Harisingh Gour Vishwavidyalaya organized a two-day lecture series aimed at providing valuable insights into qualitative research methodologies and exploring career opportunities in the field of psychology. With esteemed speaker Dr. Ajit Kumar Singh, Assistant Professor at Amity University Rajasthan, Jaipur, the event attracted around 60 attendees eager to expand their knowledge and explore new horizons in psychology.

Lecture 1: Qualitative Research - An Introduction (May 8th, 2023): Dr. Ajit Kumar Singh commenced the lecture series with an illuminating discourse on qualitative research methodologies. He provided attendees with a comprehensive overview of qualitative research, emphasizing its significance in exploring complex phenomena and understanding human behavior in-depth.

Key points covered in the lecture included:

- Introduction to Qualitative Research: Dr. Singh elucidated the fundamental principles and characteristics of qualitative research, distinguishing it from quantitative approaches. He highlighted the exploratory nature of qualitative inquiry and its focus on understanding subjective experiences and meanings.
- **Research Design and Methods:** Attendees gained insights into various qualitative research

designs and methods, including interviews, focus groups, participant observation, and content analysis. Dr. Singh elucidated the strengths and limitations of each approach, empowering attendees to select appropriate methods for their research endeavors.

- Data Analysis and Interpretation: Dr. Singh provided practical guidance on analyzing qualitative data, emphasizing the iterative and reflexive nature of the process. Attendees learned about techniques such as thematic analysis, grounded theory, and narrative analysis, enhancing their proficiency in extracting meaningful insights from qualitative data.
- Ethical Considerations: Dr. Singh underscored the importance of ethical considerations in qualitative research, emphasizing principles of informed consent, confidentiality, and respect for participants' autonomy. He encouraged attendees to uphold ethical standards in their research practices, ensuring the welfare and rights of research participants.

The interactive session concluded with a vibrant exchange of ideas and experiences, as attendees engaged in discussions and posed insightful questions to Dr. Singh, further enriching their understanding of qualitative research methodologies.

Lecture 2: Career in Psychology - Opportunities and Challenges (May 9th, 2023): On the second day of the lecture series, Dr. Ajit Kumar Singh delved into the diverse career opportunities available in the field of psychology, shedding light on the inherent challenges and potential pathways for professional growth.

Key highlights of the lecture included:

- Exploring Career Pathways: Dr. Singh provided attendees with an overview of the
 diverse career pathways available to psychology graduates, ranging from clinical
 psychology and counselling to industrial-organizational psychology, research, and
 academia. He discussed the requisite skills, qualifications, and training needed for various
 career paths, empowering attendees to make informed decisions about their professional
 trajectories.
- Challenges in the Field: Attendees gained insights into the inherent challenges and
 obstacles encountered in pursuing a career in psychology, including limited job prospects,
 competition, and burnout. Dr. Singh offered strategies for overcoming these challenges,
 emphasizing the importance of resilience, adaptability, and continuous professional
 development.
- Navigating Career Transitions: Dr. Singh provided practical guidance on navigating

career transitions and seizing opportunities for professional growth and advancement. He encouraged attendees to leverage their skills, networks, and passions to carve out fulfilling

and meaningful career paths in psychology.

The lecture concluded with a lively discussion, as attendees shared their aspirations, concerns, and

experiences related to pursuing careers in psychology. Dr. Singh's expertise and insights inspired

attendees to embark on their professional journeys with confidence and purpose.

Conclusion: The lecture series on qualitative research and career opportunities in psychology

organized by the Department of Psychology at Dr. Harisingh Gour Vishwavidyalaya, Sagar, M. P.

was a resounding success, providing attendees with valuable insights, guidance, and inspiration to

excel in their academic and professional endeavors.

Through engaging lectures, interactive discussions, and the esteemed presence of Dr. Ajit Kumar

Singh, the event facilitated meaningful exchanges and learning experiences for attendees. Moving

forward, the department remains committed to organizing similar initiatives that empower students

and professionals to thrive in the dynamic field of psychology.

Overall, the lecture series served as a catalyst for personal and professional growth, equipping

attendees with the knowledge, skills, and motivation to flourish in their academic pursuits and

careers in psychology.

(Prof. A. D. Sharma)

Head, Department of Psychology