

World Mental Health Day Celebration 2022



*YOU ARE
INVITED TO
THE*



*DEPARTMENT
OF
PSYCHOLOGY*



*Theme 2022 by
WHO*

*“Making mental
health & well-being
for
all a global priority”*

📍 **VENUE- DEPARTMENT OF
PSYCHOLOGY**

☎ **For Enquiries Call-
8319250407, 8127977833**

✉ **mentalhealthdaydhsgsu@gm
ail.com**

Details of Academic Events



● *Debate*

17/10/2022

● *Essay writing*

17/10/2022

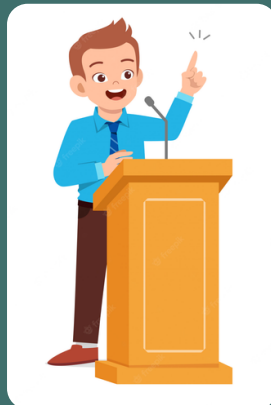


● *Collage making*

17/10/2022

● *Elocution*

17/10/2022



→ *Cultural activities*

● *18/10/2022*

Poster making

● *18/10/2022*

On the spot photography

● *18/10/2022*

Poetry

Schedule of Events

DAY 1 to 5 –
LECTURE SERIES
(WORKSHOP)

DAY 6 –
ACADEMIC EVENTS
(MORNING-11AM)

DAY 7 –
CULTURAL ACTIVITIES
(MORNING-11AM)

DAY 8 –
RALLY
(MORNING-10 AM)

&
VALEDICTORY
(AFTERNOON-02PM)

19/10/2022

→ *Registration Details*

The students are required to fill this Google form through the Google form link provided below and can there itself mention about the program that they are willing to participate , you can apply for any number of events.

→ *Google Form Link*

https://docs.google.com/forms/d/e/1FAIpQLSesH3jPrMXgsiCoaCImqqhOhwJFnUSJZTQmIkiPn-qejpNjcg/viewform?usp=sf_link



Organizing committee →

CHIEF PATRON :

PROF. NEELIMA GUPTA
(Hon'ble Vice Chancellor)
Dr. Harisingh Gour
Vishwavidyalaya Sagar

PATRON:

PROF. A. D. SHARMA
H.O.D
Department Of Psychology

CONVENER:

DR G.K TIWARI

CO-CONVENER:

DR. SHARDA VISWAKARMA
DR. D.N. SHARMA

CO-ORDINATORS:

AJJEET KUMAR SINGH
ARCHANA CHOUDHARY
ARCHANA SINGH
ANURAG SHUKLA
MAHIMA DWIVEDI
AMRITA DWIVEDI
AMIT KUMAR MACORYA

Organized by:



Department Of Psychology

Dr. Harisingh Gour

Vishwavidyalaya Sagar

(M.P.)

UPCOMING EVENTS

WORLD MENTAL HEALTH DAY

"Making mental health and well-being for all a global priority"

2023

17
OCT

10 am
Onward

EVENTS

Debate, Essay-writing,
Collage-Making, Elocution

EVENTS

Poster-Making, On the Spot
Photography, Poetry

18
OCT

10 am
Onward

19
OCT

10 am
Onward

EVENTS

Rally, Valedictory

Scan this QR for Registration



VENUE

Department of Psychology
Dr. Harisingh Gour Vishwavidyalaya, Sagar M.P.

CONTACT DETAILS- 8319250407, 9770656938



WORLD MENTAL HEALTH DAY 2022

Theme 2022

**Make Mental Health &
Well-Being for all a global
priority**

**One Day lecture
on a Topic-**

**Mental Health &
Well-Being**

Event-

Date- 11/10/2022

Vanue- Seminar Hall

Department of Psychology

lecture mode- blended

Link-<https://meet.google.com/ezm-xhok-zdo>

Speakers-

Juhi Pandey Mishra

Psychologist, psychotherapist &
Counsellor

Time-12 pm Onward

Prof. P.K. Rai

Retired Head & Acting Vice Chancellor,
Department of psychology
Dr.Harisingh Gour Vishwavidyalaya Sagar
M.P.

Time- 01:30 pm

Convener -

Faculty-

Prof. A.D. Sharma, Head
Dr. Gyanesh Kumar Tiwari
Dr. Sharda Vishwakarma
Dr. Devaki Nandan Sharma

**Research
scholars-**

Ajit Kumar Singh
Archana Singh
Archna Choudhary
Anurag Shukla

Department of Psychology
Dr. Harisingh Gour Vishwavidyalaya Sagar M.P.



WORLD MENTAL HEALTH DAY 2022

"Make mental health & well-being for all a global priority"

THIRD DAY OF THE LECTURE SERIES:

LECTURE TOPIC:

"Mental health in current times"

DATE- 12/10/2022

TIME- 12:15 PM

VANUE- SEMINAR HALL,
DEPT. OF PSYCHOLOGY

CLICK THE LINK TO JOIN:

<https://meet.google.com/ezm-xhok-zdo>

SPEAKER:



PROF. RAKESH PANDEY

Department of
Psychology, Banaras
Hindu University
Varanasi, Uttar Pradesh

ORGANIZING COMMITTEE:

Patron:

Prof. A. D. Sharma, Head
Dept. Of psychology

convener

Dr. G.K. Tiwari

Organizing Secretaries:

Dr. Sharda Vishwakarma,
Dr. D. N. Sharma

Organizing team:

Mr. Ajit Kumar Singh
Miss Archana Singh
Miss Archana Choudhary
Mr. Anurag Shukla

Organized by:

Department of Psychology,
Doctor Harisingh Gour
Vishwavidyalaya,
Sagar, M.P. 470003.

WORLD MENTAL HEALTH DAY 2022



FOURTH DAY OF THE LECTURE SERIES

DATE- 13/10/2022

VANUE- SEMINAR HALL

DEPARTMENT OF PSYCHOLOGY

CLICK THE LINK TO JOIN:

[HTTPS://MEET.GOOGLE.COM/EZM-XHOK-ZDO](https://meet.google.com/EZM-XHOK-ZDO)

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Sagar, M.P. 470003

“Making mental health & well-being
for all a global priority”

SPEAKAR: 1

PROF. RAKESH KUMAR TRIPATHI



Professor Junior Grade cum Clinical
Psychologist,

Department of Geriatric Mental Health,
King George's Medical University,
Lucknow, Uttar Pradesh, India.

LECTURE TOPIC:

Mental Health and clinical intervention

TIME- 11AM

SPEAKAR: 2

SHRAVIKA TIWARI



Deakin University
Melbourne, Australia.

LECTURE TOPIC:

Making mental health and wellbeing for all a
global priority : Indian perspective

TIME- 12:30PM

WORLD MENTAL HEALTH DAY PROGRAMME, 2022



Fifth day of the lecture series will be a panel discussion on the following
topic to commemorate the World Mental Health Day 2022

Topic: Coping with worry, anxiety and addiction

DATE: 14.10.2022

TIME: 12:00PM-01:00PM

VENUE: SEMINAR HALL,
DEPARTMENT OF PSYCHOLOGY

MODE: OFFLINE AND ONLINE

CLICK HERE TO JOIN: 

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Sagar, M.P. 470003

THE FOLLOWING EXPERTS WILL GRACE THE OCCASION:



DR. RAVIKESH TRIPATHI

Assistant Professor, National
Forensic Sciences University
(NFSU), Gandhinagar, Gujarat,
382007



DR. VIKRAM SINGH RAWAT

Additional Professor, AIIMS,
Rishikesh, Uttarakhand



MS. RUPANGI SHAH

Clinical Psychologist, School of
Behavioral Science, NFSU